



Patient Information

Thank you for choosing Art of Life Chiropractic!
All information will be confidential.

Date _____

Patient # _____

Name _____ Social Security # _____
 Address _____ City _____ State _____ Zip _____
 Home Phone _____ Cell Phone _____
 Would you like text reminders? No Yes Phone Carrier/Company _____
 E-mail Address _____ (for monthly specials and important updates)
 Age _____ Birth Date _____ Race _____ Gender F M Marital Status S M W D

Occupation _____ Employer _____
 Employer's Address _____ Office Phone _____
 Spouse _____ Occupation _____ Employer _____
 Number of children _____ Names of children under the age of 18 _____

 Emergency contact name _____ Phone _____

Insurance Co. _____ Subscriber Name _____ Relationship to you _____
 Subscriber Birth Date _____ Subscriber Social Security # _____
 Subscriber Address _____

Family Medical Doctor _____
 May we have your permission to contact your medical doctor regarding your care at this office? **YES NO**
 Previous Chiropractic Care **YES NO** Chiropractor's Name _____
 When was your last visit? _____ What was the reason for your initial visit? _____

Who referred you to Art of Life Chiropractic? _____

What is your goal in pursuing chiropractic treatment?

() I am only seeking **temporary relief**

() I am seeking **maximum correction**

() I am interested **in wellness**

What are your expectations of us? _____

What is your health philosophy? _____

Current Problems

Main Problem: _____

NO
PAIN

EXTREME
PAIN

Please place an "X" on the line to indicate intensity of pain.

Does the pain **radiate** to any part of your body? () Yes () No _____ If yes, describe. _____

Describe the **type of pain** () Aching () Dull () Sharp () Stabbing
() Electric () Fiery () Shooting Other _____

Frequency (in 1 day) () Intermittent < 25% () Occasional 25%-50%
() Frequent 50%-75% () Constant >75%

Date symptoms appeared & how it happened _____

Is this due to () Auto () Work () Other _____

What makes the problem **Better**? _____

What makes the problem **Worse**? _____

Timing () Morning () Afternoon () Evening () During Night

Has it become **worse** recently? () Yes () No

If yes, when and how? _____

Have you seen any **other professional** for this condition? _____

What does this **prevent** you from **doing** or **enjoying**? _____

MEDICATIONS List medications you are currently taking

Medical Allergies _____

VITAMINS/HERBS/MINERALS

General Symptoms

Check the symptoms you have or have had in the last 6 months?

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Migraines | <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Double Vision | <input type="checkbox"/> Seizures/Convulsions | <input type="checkbox"/> Prostate problem |
| <input type="checkbox"/> Difficulty Getting to Sleep | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Liver disease | <input type="checkbox"/> Irregular Heartbeat |
| <input type="checkbox"/> Interrupted Sleep | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Fatigue/Tiredness | <input type="checkbox"/> Change in Moles | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Sinus/Allergies | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Cancer | <input type="checkbox"/> Shoulder Problems |
| <input type="checkbox"/> Irritability | <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Stroke | <input type="checkbox"/> Elbow Problems |
| <input type="checkbox"/> Acid Reflux | <input type="checkbox"/> Sweats | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Carpal Tunnel / Wrist |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Hernia | <input type="checkbox"/> Hip / Knee Problems |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Persistent Cough | <input type="checkbox"/> Pace Maker | <input type="checkbox"/> Feet / Ankle Problems |
| <input type="checkbox"/> Bloating | <input type="checkbox"/> Breast Lump | <input type="checkbox"/> Asthma | <input type="checkbox"/> Plantar Fasciitis |
| <input type="checkbox"/> Other _____ | | | |

MEN only

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Breast lump | <input type="checkbox"/> Erection difficulties | <input type="checkbox"/> Lump in testicles | <input type="checkbox"/> Penis discharge |
| <input type="checkbox"/> Sore on penis | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Other _____ | |

WOMEN only

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Abnormal pap smear | <input type="checkbox"/> Breast lump | <input type="checkbox"/> Hot flashes | <input type="checkbox"/> Bleeding between periods |
| <input type="checkbox"/> Extreme menstrual pain | <input type="checkbox"/> Nipple discharge | <input type="checkbox"/> Painful intercourse | <input type="checkbox"/> Vaginal discharge |
| <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Vaginal Infection | <input type="checkbox"/> Other _____ | |

Date of last menstrual period _____ **Is there a chance you might be pregnant?** () Yes () No

Have you had any **surgeries**? (Describe) _____

Have you had any **major illnesses**? (Describe) _____

Have you had any **major injuries**? (Describe) _____

Have you had any **major falls**? (Describe) _____

Have you had any **auto accidents**? (Describe) _____

Have you been treated for **any** health condition by a **physician** in the **last year**? () Yes () No

- If yes, describe: _____

SOCIAL HISTORY

- | | | | |
|--|---|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> Smoking | <i>Diet is</i> | <i>Family Stress is</i> | <i>My Job Stress is</i> |
| <input type="checkbox"/> Other Tobacco | <input type="checkbox"/> Balanced | <input type="checkbox"/> Severe | <input type="checkbox"/> Severe |
| <input type="checkbox"/> Alcohol Use | <input type="checkbox"/> Unbalanced | <input type="checkbox"/> Moderate | <input type="checkbox"/> Moderate |
| <input type="checkbox"/> Coffee | <i>Rest is</i> | <input type="checkbox"/> Minimal | <input type="checkbox"/> Minimal |
| <input type="checkbox"/> Tea | <input type="checkbox"/> Sufficient | | |
| <input type="checkbox"/> Pop | <input type="checkbox"/> Not sufficient | | |

Do you **exercise**? () Yes () No - If yes, what is the frequency and type of exercise? _____

What are your **hobbies**? _____

Patient Health Information Consent Form

We want you to know how your Patient Health Information (**PHI**) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

1. The patient understands and agrees to allow this chiropractic office to use their Patient Health Information (**PHI**) for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
3. A patient's written consent need only be obtained one time for all subsequent care given the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not effect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.

I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.

I give Art of Life Chiropractic permission to share information about my appointments, treatment, and account with _____.

Patient Signature: _____ **Date:** _____

INFORMED CONSENT FOR CHIROPRACTIC CARE

A patient, in coming to the Chiropractic Physician, gives the doctor permission and authority to care for the patient in accordance with the chiropractic tests, diagnosis, and analysis. The chiropractic adjustments or other clinical procedures are usually beneficial and seldom cause any problems. In rare cases, underlying physical defects, deformities or pathologies may render the patient susceptible to injury. The doctor, of course, will not give any treatment or health care if he is aware that such care may be contra-indicated. Again, it is the responsibility of the patient to make it known, or to learn through health care procedures whatever he is suffering from: latent pathological defects, illnesses or deformities which would otherwise not come to the attention of the Chiropractic Physician. The Chiropractic Physician provides a specialized, non-duplicating health care service. Your Doctor of Chiropractic is licensed in a special practice and is available to work with other types of providers in your health care regime.

I understand that if I am accepted as a patient by a physician at Art of Life Chiropractic, I am authorizing them to proceed with any treatment that may be necessary. Furthermore, any risk involved, regarding chiropractic treatment, will be explained to me upon my request.

Patient Signature: _____ **Date:** _____